

# EISENHOWER MIDDLE SCHOOL

47 Eyland Avenue  
Succasunna, NJ 07876  
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www.roxbury.org/ems

Dominick J. Miller  
Principal

Elizabeth Omega  
Assistant Principal

Dear Parent(s) / Guardian(s),

Congratulations on making the commitment to participate in the Eisenhower Middle School Athletic Program. These programs teach many valuable lifelong lessons. Please understand that successful participation will require a high level of dedication, responsibility, and diligence. I hope that all participants have a positive and rewarding interscholastic experience.

New Jersey State Law mandates that the school physician must check all sports physicals and sign the physical form prior to the start of each season. No student will be allowed to participate in interscholastic sports (including tryouts and practices) until the school physician has signed the student's physical exam form. It is imperative that all paperwork is completed and returned in a timely manner to ensure approval and eligibility for participation. The school physician will be clearing and signing the forms on the following dates below.

Sports for 2015-2016	Due Date for the Forms	Medical Clearance Date	Sport/Practice Start Date
Fall	July 11, 2016	September 1, 2016	September 4, 2015
Winter	October 17, 2016	October 25, 2016	November 7, 2016
Spring	February 26, 2017	March 4, 2017	March 18, 2017

For the Physical Examination Form - Please complete the top with the student's name, address, and name of physician. All other areas on the form are to be filled in by the physician (including height, weight, blood pressure, pulse, vision, and clearance level). Your physician must complete the first 2 pages, stamp, and sign as the physician/provider. Physicals must have been performed within the 365 day calendar year for **2016-2017**. The examination date must be written by the doctor above the screening results.

Listed below are the forms that need to be completed.

1. Checklist
2. Physical Forms
  - a) Physical Examination Form (**current school year 2016-2017**)
  - b) Clearance Form
  - c) History Form (**required for each sport's season**)
3. Sudden Cardiac Death Form
4. Emergency Contact Form (**required for each sport's season**)
5. Drug and Steroid Test Form
6. Policies and Procedures Forms

Additional forms are required for students who have been diagnosed with asthma, life threatening allergies, and other medical conditions; these forms are due yearly. Forms are available on the EMS website or in the nurse's office.

EMS adheres to state guidelines. We need your cooperation and support so that your child can participate on the first day of practice. We look forward to the upcoming seasons and wish all students, coaches, and parents/guardians the best luck for a successful and healthy season. If you have a question regarding the sports medical clearance process, please do not hesitate to contact Mrs. Kim Pinto (973) 584-2973 x2005.

Sincerely,



Carlos Curet  
Coordinator of Middle School Athletics



Kim Pinto RN, CSN, BA  
School Nurse